

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY													
	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)	Gym 1 (front)	Gym 2 (back)												
6:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Facility Closed													
6:30 AM																										
7:00 AM																										
7:30 AM																										
8:00 AM																										
8:30 AM																										
9:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented															
9:30 AM	Cardio Combo w/Jenn		Cardio Dance w/Jenn		Core & More w/Jenn		Cardio Combo w/Jenn		Strength & Balance w/Jenn		Circuit Class Alli		Basketball Club													
10:00 AM	Cardio Combo w/Jenn		Cardio Dance w/Jenn		Core & More w/Jenn		Cardio Combo w/Jenn		Strength & Balance w/Jenn		All Sports Clinic yrs old		Open Gym unless Rented <small>Badminton Club</small>													
10:30 AM							Stretch and Flex				All Sports Clinic 5-8 yrs old															
11:00 AM							All Sports Clinic 9-12 yrs old																			
11:30 AM																										
11:45 AM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented		Pickleball Club													
12:00 PM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented															
12:30 PM			Pickleball		Pickleball		Pickleball		Pickleball		Open Gym unless Rented															
1:00 PM			Pickleball		Pickleball		Pickleball		Pickleball		Open Gym unless Rented															
1:30 PM			Pickleball		Pickleball		Pickleball		Pickleball		Open Gym unless Rented															
2:00 PM			Pickleball		Pickleball		Pickleball		Pickleball		Open Gym unless Rented															
2:30 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
3:00 PM																										
3:30 PM																										
4:00 PM															Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented			
4:30 PM															Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Open Gym		Youth Basketball	
4:45 PM															Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Teen Sport Conditioning w/Monique		Open Gym		Youth Basketball	
5:00 PM	Teen Sport Conditioning w/Monique		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented															
5:30 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented															
6:00 PM	Cardio Strength w/Monique		Boot Camp w/Monique		HITT Class		Boot Camp w/Monique		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
6:15 PM	Cardio Strength w/Monique		Boot Camp w/Monique		HITT Class		Boot Camp w/Monique		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
6:30 PM	Cardio Strength w/Monique		Boot Camp w/Monique		HITT Class		Boot Camp w/Monique		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
7:00 PM	Cardio Strength w/Monique		Boot Camp w/Monique		HITT Class		Boot Camp w/Monique		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
7:30 PM	Zumba w/Gisela		Adult Volleyball		Open Gym		Zumba w/Jessica		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
8:00 PM	Zumba w/Gisela		Adult Volleyball		Open Gym		Zumba w/Jessica		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
8:30 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym unless Rented		Open Gym unless Rented													
9:00 PM	FACILITY CLOSED		FACILITY CLOSED		FACILITY CLOSED		FACILITY CLOSED		FACILITY CLOSED		FACILITY CLOSED		Club Meeting													